

# **LIPOSUCTION: BENEFITS** **of medical endermologie®**

A press release from the International Society of Aesthetic and Plastic Surgery (ISAPS) announced the results of its annual International Survey of Aesthetic Surgery on 3 December 2019.

**Liposuction is ranked as the second most common cosmetic surgery procedure** in the world for women and men, representing a 20.8% increase in procedures between 2014 and 2018. The surgery takes an average of 1 to 2 hours and requires 1 to 2 weeks off work.



**LIPOSUCTION** is an outpatient procedure that **removes adipose tissue under the skin in order to obtain a more aesthetically-pleasing body contour**. It can be performed on many body areas, including the arms, ankles, calves, knees, thighs, abdomen, hips and, of course, saddlebags.

In general, if liposuction is rigorously indicated and carried out, **the result obtained and evaluated after 6 months** is satisfactory. However, some patients may complain of **certain problems** (insufficient improvement, asymmetric result, irregular appearance, etc.) **requiring slight alterations**.



#### **MEDICAL endermologie® TREATMENTS CAN BE PERFORMED BEFORE LIPOSUCTION**

By mobilizing the connective tissue, pre-operative sessions make it possible to **decongest the tissue to make it “healthier” and thus limit the risks of complications**. They also **soften the skin to facilitate the surgical procedure**, and they allow to use smaller, less traumatic cannulas. The recommended number of sessions varies from 8 to 12.



#### **MEDICAL endermologie® treatments CAN BE PERFORMED AFTER LIPOSUCTION**

Postoperative sessions help to drain the tissues and smooth the skin to optimize the results of the surgery. The immediate postoperative care protocols with the sequential mode can start 5 to 7 days **after surgery to help eliminate swelling and bruising and to relieve pain**. When the tissue allows it, continuous modality protocols **can compensate for possible asymmetries, even old ones, to smooth the “orange peel” aspect and surface irregularities**.

# OTHER BENEFITS

Medical endermologie® treatments, performed by a trained physiotherapist, allow patients to stay motivated to improve their lifestyle. They also provide an answer to the many questions and concerns that follow the procedure that patients are often afraid to ask their surgeon. From that point on, the physiotherapist becomes a close partner with the surgeon, working together to optimise the results of the surgery.



\*DR MAJANI, CATANIA, ITALY

## medical endermologie® AND LIPOSUCTION: A WINNING COMBINATION.

Medical endermologie® treatments initially aim to treat the problems inherent to the surgery, then to refine the result of the treated areas while addressing areas not operated on, if necessary.

**AND AS DR MAJANI (CATANIA, ITALY) WHO HAS BEEN USING THIS COMBINATION SINCE 2001 WOULD SAY:**



**OUR COSMETIC SURGERY PRACTICE HAS BECOME MINIMALLY INVASIVE THANKS TO THE WELL-PLANNED USE OF MEDICAL endermologie®. THE RESULTS ARE BEAUTIFUL TO LOOK AT, LIKE THE WORK OF AN ARTIST.**



## SOURCES:

- <https://www.isaps.org/wp-content/uploads/2019/12/ISAPS-Global-Survey-Results-2018-new.pdf>
- The portal for qualified plastic surgeons in France <https://www.chirurgie-esthetique-france.fr/>  
LPG: liposuction optimization technique. F. Pigneaux, physiotherapist; Paris.
- Endermologie e miniliposuzione nel rimodellamento del profilo corporeo. MAJANI U., MAJANI A. L'ambulatorio medico, n° 33; maggio-agosto 2011, anno XI.



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